

Enhancing Life Skills through Responsibilities

P. Christy Beulah Selvakan¹, A. Kavitha², Dr. R. Sasipriya³

^{1,2} M.Ed students, ³Assistant prof.of physical science

^{1,2,3} V.O.C College of Education, Thoothukudi

Abstract- Life skills are needed to become a successful adult. In today's world learners are pressurized towards continues & high scores, rather than skills. An teacher can develop these skills can be developed by assigning works, group activities and roles. By providing opportunities, each day to every learner, it would train them to learn and practice life skills. These daily roles and responsibilities bring out the inside strength in the learners.

Keywords: Life skills, responsibility.

INTRODUCTION

What we train, practices our learners in this modern India, create not learners, but programmed machines. A man without basic life skills could not generate sound society. A innovative teacher can develop these skills by encouraging them to participate in extracurricular activities.

Life skills and it's types:

“A skill is the ability to carry out a task with pre-determined results often within a given amount of time, energy or both skills can often be divided into domain general and domain”
–Specific Skills

“Life skills have been defined by the world health organization as abilities for adaptive and the behavior that enable individuals to deal effectively with the demands and challenges of everyday life”.

The importance of life skills:

In constantly changing environment, having life skills is an essential part of being able to meet the challenges of everyday life. To cope with the increasing pare and change of modern life, student need new life skills such as ability to deal with stress and frustration.

Life skills are not always taught directly but often learned indirectly through participation, taking responsibility in the activities around us.

Even tying shoe-laces, arranging the school-bag as per time-table, helping to pock lunch bag, are also some examples of life skills.

- Time management
- Creative thinking
- Decision making
- Problem solving
- Self awareness

Time management:

Time management refers to managing time effectively so that right time is allocated to the right activity.

Example: Giving responsibility to child to finish home works before 8 pm.

Creative thinking:

Creative thinking is not a talent; it is a skill that can be learnt. It empowers people, by adding strength to their natured abilities which improves teamwork, productivity and where appropriate profits.

Example: Encouraging the child to do art from waste.

Decision making:

Decision making is the act of choosing one alternative from among a set of alternatives.

Example: Making the child to arrange his book. This will help him to arrange books in order.

Problem solving:

Problem solving is a cognitive processing directed at achieving a goal where no solution method is obvious to the problem solves.

Example: Making the child to help the younger ones in painting.

Self awareness:

Self awareness is an important skill to ACQUIRE knowledge and awareness of your own personality or character.

Example: Asking the child to put waste in dustbins.

Responsibilities in school environment:

- ✓ When we talk about life skills, it's so necessary that teacher should encourage these skills in their day to day life.
- ✓ Yes, encouraging the learners to do projects in groups, do role-plays concerned with the subject.

- ✓ A class is a heterogeneous environment in all dimensions. In the way of learning, circumstances, understanding Mental, physical ability etc:
- ✓ By assigning responsibility to each student (i.e.) every learner should act as class representative for every 5 days. So that it improves leadership skill in every learner. She/he using the responsibility assigned to her/ his.
- ✓ By giving in charge, the responsible to collect note and arrange in cup-boards, here the learners aspire the skill of compatibility. Moving friendly with everyone. A very important skill need for today's society.
- ✓ Making/ allowing /encouraging them to switch off fane, lights, system, the social skill, the lead to do things by Volunteer/Educationists also insist that providing responsibilities in life situation, we can develop skills. The most renowned Indian educationist in Gandhi. And his way of education is called Basic Education system. He believed that making children to do their own works would develop responsibilities and skills.

“The greatest day in your life and mini is when we take total responsibility for our attitudes. That’s the day we truly grow up”.

John c Maxwell.

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Contribution Of Gandhi In Education:

“If you take responsibility for yourself you will develop a hunger to accomplish your dreams”.

Lee Brown

Gandhi wished that education should be closely related to the social life situations in concrete manners. It was to aim at the development of social efficiency and responsibility. His educational scheme was planned in such a manner as to develop the educes as future and to enable them to play their due roles as adult members of society and attain their proper status in public life.

“The real education was that which fully develops the body, mind and soul of children”. He further observed, “Man in neither more intellect, nor heart or soul alone. A proper and harmonious contribution of all the three is required for the making of the whole man and constitutes the true economics of education”.

According to Gandhi the children of today will be the citizens of tomorrow. Success of democracy depends upon good leaders. Therefore, the aim of education in India is to produce good leaders. In this way, the students will be able to shoulder the responsibilities in a satisfactory way

CONCLUSION:

We can develop skills in learners through responsibilities. Responsibilities awaken the children's inner talent. It's the equal responsibility of teacher and parent to revoke the skills, knowledge within. The world now a day's need not only educated ones but SKILLED persons.